# Mentor-Mentee Report 2023-24

The **Mentor-Mentee** system in the college is an initiative aimed at providing personalized guidance and academic support to students. Through this system, faculty members (mentors) are assigned to groups of students (mentees) to offer guidance in academic, personal, and career matters.

### **Mentor-Mentee Meetings:**

The meeting between the mentors and mentees of various departments are heldon the last working Saturday of each month starting from the month of September 2023. During the session 2023-24, 72 faculty members from each department were allotted a fixed number of mentees and the interaction between mentor and mentee were scheduled in the time table of the college. In total 72 mentors were allotted to 3394 mentees during the session 2023-24.

Mentor-Mentee meetings conducted (2023-24)	
Month	Meetings conducted
September	1each/department
October	1each/department
November	1each/department
December	1each/department
February	1each/department
March	1each/department

#### Key Objectives of the meeting conducted during 2023-24:

- 1. **Student Well-being**: Ensure students' mental and emotional health by providing them with a support system through regular mentor-mentee interactions.
- 2. Academic Monitoring: Identify and address academic difficulties or barriers faced by students, helping them with study plans and time management.
- 3. **Career Guidance**: Offer advice on career pathways, internships, and higher studies, tailoring guidance to each student's interest and abilities.
- 4. **Extracurricular Involvement**: Encourage students to participate in co-curricular and extracurricular activities to enhance their overall development and leadership skills.
- 5. **Personalized Attention**: Provide individualized attention to each student to foster a closer relationship and build a stronger support system within the institution.

#### **Discussion Points in the meetings:**

- Academic Performance: Mentees shared their challenges related to course understanding, time management, and workload balance. Mentors provided insights into managing time effectively and offered resources to help improve academic performance.
- **Emotional Support**: Mentors discussed issues related to stress and anxiety due to exams and personal concerns. Counselling and emotional support mechanisms were discussed, and mentees were encouraged to avail of the college's counselling services.



- **Co-Curricular Activities**: Mentors highlighted the importance of participation in cocurricular activities, emphasizing how these activities help in the overall development of students.
- **Career Counselling**: Mentors provided guidance on career options, discussed the importance of internships, and gave insights into opportunities for higher education in their respective fields.

## **Outcomes of the meeting:**

- 1. **Increased Confidence**: Mentees felt more confident about managing their academic workload and career planning due to the guidance provided by their mentors.
- 2. **Improved Communication**: The meeting fostered better communication between students and faculty, allowing students to express their concerns freely.
- 3. Action Plans for Improvement: Personalized study plans were created for academically weak students, and additional academic support, such as remedial classes or peer tutoring, was suggested.
- 4. **Emotional Support**: Students expressed feeling more emotionally supported, knowing that they had access to both academic and emotional guidance.
- 5. **Career Planning**: Clearer career goals were established for mentees, and action steps were discussed to achieve those goals, including further studies, internships, and job searches.
- 6. **Holistic Development**: Students were motivated to engage in activities that would help with their overall personal and professional development, beyond just academics.

# **Conclusion:**

The mentor-mentee meetings provided an excellent opportunity to engage with students on both academic and personal levels. The system ensures that students receive comprehensive support, fostering not just academic growth but emotional well-being and career development as well.

(Convener)

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Mentor-Mentee Committee

