

EXTENSION ACTIVITIES

RKMV has a set of high values and standards for the improvement of community living. It encourages a combination of learning and right action for the betterment of society. We are driven to deliver our mission and are convinced of the transformative powers of extension activities. Our endeavor is to deliver education and knowledge to the students for the betterment of society. The Institution consistently inspires students and provides a platform for making students an asset for the society inculcating a sense of social responsibility in them.

The college conduct number of extension activities to sensitize the students towards social issues and to ensure their holistic development. These extension activities are carried out with an objective to imbibe in the students the value of social responsibility and to make them accountable for fulfilling their civic duty. The objective here is to teach the girls that selfless social work is what true self-worth is about. Extension activities teach them the virtues of caring, sharing and philanthropy so that they become a true citizen of our country.

To promote human values among students, social work is encouraged the college conduct number of extension activities every year such as cleanliness drives, tree plantation drives, blood donation camps etc. In addition to this, the '**Roti Bank**' & '**Cloth Bank**' are also functional in the college. Students of the college through rallies, skits nuked natak try to generate awareness in the society /vicinity about health & nutrition, breast feeding, AID awareness, road safety etc. The N.S.S and NCC units of the college are at the forefront in encouraging the students to various social issues and to ensure their participation in extension activities. In addition to N.S. S and NCC the various other clubs and societies of the institution such as Women Cell, Road safety Club etc. also activity participate in these activities throughout the year.

RKMV in collaboration with a Non-Governmental Organization, Healing Himalayas participated in the clean-up drive at the premises of the famous Jakhoo Temple which is an ancient Hanuman temple of the Shimla City. Total 28 volunteers comprising of students and teachers participated in the cleanliness drive. Approximately 1.5 tons of garbage from the small hill was collected.









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Cleanliness drive organized by the NSS volunteers in the forest area near Ragyan Village







❖ **19th August, 2023:** 50 volunteers of NSS Unit organized a cleanliness drive to clean the campus & its vicinity



- **12th October, 2023:** 40 NSS Volunteers visited to Raj Bhawan and also participated in the cleanliness drive on the way to Raj Bhawan and interacted with the Governor Sir and Lady Governor. This activity was organised in collaboration with Youth Red Cross Society and BS&G Unit of RKMV.



Cleanliness drive and a Visit to Raj Bhawan (YRC)



- Students interacted with the Governor of Himachal Pradesh and the Lady Governor. Cleaning of the surrounding area of Raj Bhawan was also done.

6th,7th & 8th November, 2023: To promote the community service and spread the awareness regarding hygiene during the time of menstruation amongst women, NSS Volunteers organised two-day period-products collection camp in the RKMV campus on 6th & 7th November to donate the packets of sanitary napkins in slum areas and those who are need of it. After collecting the packets of sanitary napkins, volunteers distributed them on 8th November amongst the women of slum areas. 30 volunteers participated in this activity



16March,2024 Organ Donation Awareness Programme

Resource person: Ms. Rajeshwari (from SOTTO)

Organ donation awareness camp was organized by Youth Red Cross and Rotract Club.

An awareness lecture and PPT presentation was delivered on the need to donate tissue and organs, and to save lives and give meaning or sight to the people.



Nukkad Natak by the Road Safety Cell of HRTC in collaboration with Public Relations Department

Nukkad Natak was held on 21/11/2023 by the Road Safety Cell of HRTC in collaboration with Public Relations Department and Road safety Club, RKMV. The program fosters community engagement and collaboration in addressing Road Safety challenges, strengthening partnerships between the Road Safety Club, local authorities, and other stakeholders.



Rally by Road Safety Club

Rally by Road Safety Club of RKMV was hosted on 020/12/2023 from college campus to the Ridge. The rally aims to mobilize support for Road Safety initiatives and campaigns. Participants may be inspired to reconsider their attitudes and behaviors towards road safety, leading to positive changes in behavior such as wearing Seat belts, Reducing Speed, and avoiding distractions while driving.



A blood donation camp was organized by the Youth Red Cross RKMV under the supervision of a team of doctors from Dean Dayal Uppadhaya Hospital Shimla.

- Total units of blood collected: 32
- A lecture was delivered by Doctor Ganga Sharma, the resource person, on awareness about blood donation





Fruits and Sweets Distribution in IGMC on Holi Celebration

- 100 packets of fruits and sweets were distributed to celebrate Holi among the patients of children ward and emergency ward of IGMC by the volunteers of Youth Red Cross RKMV on the occasion of Holi.
- Doctor Aman, Deputy M.S. IGMC Shimla, and his team of nurses, and Mr. Sunil volunteer of State Red Cross, helped the team of RKMV in the distribution of fruits and sweets.



On the eve of International Women's day women cell of the college distributed cloths, toys, painting kits, crayons lunch boxes for children and sanitation kits & toiletries to the labourers and their families. The club also donated

toothbrush, shampoos, soaps, combs, shaving kits etc. to the laboures working in the college.





Another donation camp under the banner of 'Share & Care' was organized by the **Women Cell** of the college on 13th June 2024 for the labourers.

Ration packets containing various items such as cooking oil, tea, pulses, suji, rusk, biscuits, juice and some sweets were distributed to the labourers. Books, colors and stationary kit, toys etc. were distributed to the children. The club also donated sanitation kits and sanitation napkins to the female labourers. Lunch was also served to the labourers and their family members.







GPS Map Camera

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Tree Plantation drive organized at Bhattakufar, Shimla by NCC Unit, RKMV





Students and wardens of the Samik & Tribal Hostel participated in Tree plantation drive on the occasion of 'Independence Day' at Rastrapati Bhawan, Mashobra, Shimla



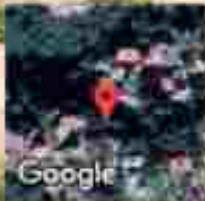
Visit by the volunteers of NSS along with the teachers to the Cow Shelter, at Bhatakkufar Shimla. Students donated fodder at the cow shelter.





Natural source of water was cleaned by the NCC cadets at Shankti Longwood Shimla





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Blood Donation Camp organized by NSS

A blood donation camp was organized by the NSS in which teachers and students donated 31 units of blood.





Roti

Making activity is being performed every Monday by the students of different departments voluntarily for 2 hours along with their professors. Each time 5-7 kg flour is used to make chapatis and the staff contributes for its feedstock voluntarily. In this initiation of Care and Share of the college, chapatis are prepared in Food and Nutrition Lab of Home Science Department and are sent to the Roti Bank of Cancer Hospital of IGMC, Shimla. From there, they are served among the patients and their attendants. This effort of the college towards the noble act of caring and sharing, also help in sensitizing the students for their duties towards the society's vulnerability.





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