

Rajkiya Kanya Mahavidyalaya-Shimla

NSS Unit

Seven Days NSS Annual Camp, from 16th to 22nd February, 2024

Report



Activities: Day-1

On 16th February 2024, NSS Unit of RKMV- Shimla started the Seven Days NSS Camp under the supervision of the programme officers, Asst. Prof. Hemlata Thakur and Asst. Prof. Srikant Sharma. Total 80 volunteers attended the camp. The inaugural of the camp began from the RKMV campus itself. Dr. Anurita Saxena, Principal, RKMV inaugurated the programme on the first day of the camp. Dr. Saxena shared her views about the significance of National Service Scheme in the inaugural talk. She emphasized on the fact that NSS works as a tool for development of the youth, society and nation as well. Dr. Saxena motivated the volunteers to keep participating in the activities of NSS to learn new skills which would be beneficial to their student life.

In addition to this, Dr. Ishwar Dutt Sharma, Associate Professor, Public Administration was the chief speaker during the first day of the camp. His talk was based on moral values and how to uphold those values in present day time. He further added that NSS can play a greater role to inculcate those values amongst the students.

On the first day of the camp, NSS volunteers took part in cleanliness drive in the campus and corridors of the college. They also participated in the slogan writing competition on the theme of Anti Drug Campaign. NSS volunteers also looked after all the arrangements on the first day of the camp.

Some of the following pictures of the seven days activities are pasted for the reference.

NSS Volunteers Doing Exercise



Exercise & Drill Practise & Opening Ceremony, NSS Cam



Cleanliness in the college Campus & Volunteers Having Lunch



A Talk on Moral Values by Dr. Ishwar Dutt Sharma (Resource Person)



Activities: Day-2

On 17th February 2024, NSS Unit of RKMV began with the drill session of volunteers in the second day of the camp. After one hour of drill session, volunteers participated in cleanliness programme near Sainik and Tribal Hostel of RKMV.

NSS Volunteers organized a rally on the theme of Nasha Mukat Bharat. Dr. Anurita Saxena, Principal RKMV-Shimla flagged off the Rally. The rally was started off from College

Campus to Ridge Maidan. 80 Volunteers of NSS participated in this rally. Volunteers performed Nukkad Natak on 'Nasha Mukat Bharat' on the Ridge Maidan.

Mr. Puran Chand, Election Kanungo was the guest speaker of the day. Mr. Puran Chand gave his talk on Electrol Literacy. He shared the information on various aspects of Electrol Literacy, e.g. rights of voters, registration process of making voter's card, VVPAT, EVM and modus operandi of Election Commission.

Drill Practise & Cleanliness Drive in the Hostel Area of RKMV



Cleanliness Drive & Rally on 'Nasha Mukat Bharat'



Rally & Nukkad Natak on 'Nasha Mukat Bharat' on the Ridge Maidan



A Talk on Electoral Literacy by Mr. Puran Chand, Election Kanungo



Activities: Day-3

On the third day of the NSS camp, i.e. 18th February 2024, NSS Volunteers followed their routine of drill session. Volunteers had a special session on NSS with Mr. Sudhanshu and Mr. Harsh. This teacher student duo shared their experiences being part of National Service Scheme and their representation of Himachal Pradesh in National Youth Parliament and Republic Day Parade in Delhi.

In the afternoon volunteers participated in a cleanliness drive in the forest, near Ragyan and Dudhali village at Lower Bharari, Shimla, HP.

Experience Sharing & Drill Session by Mr. Sudhanshu & Mr. Harsh and Volunteers Having Their Lunch



Cleanliness Drive in the forest near Ragyan Village



Cleanliness in the forest near Ragyan & Volunteers' Tea Time



Activities: Day-4

On the fourth day of the NSS camp, i.e. 19th February, 2024, NSS volunteers began their day with practise of yoga asanas and meditation.

NSS volunteers participated in **Care & Share activity of Roti Making programme** for Cancer Hospital, IGMC Shimla.

Volunteers took part in cleanliness drive with the members of Municipal Corporation, Shimla near Padam Dev Complex area on the Ridge Maidan.

A talk on Drug Abuse was organised by NSS unit for the students of RKMV. The guest speaker of the day was Mr. Sunil Negi, The Additional Superintendent of Police, Shimla. Mr. Negi explained the concept of drug abuse and how today youth is getting affected by its frequent use. He put emphasis on the fact that each and every stakeholder has to take responsibility to get rid out of this social evil. He also encouraged students to be persistent and focused to achieve their goals in life.

Yoga Practise and Cleanliness Drive at Padam Dev Complex, Ridge Maidan, Shimla



Roti Making Activity for Cancer Hospital IGMC and Talk on Drug Abuse



Activities: Day-5

On 20.02.2024, NSS volunteers followed the daily routine of drill session. After that some volunteers went for the rehearsal of cultural activities which they performed on the closing ceremony of the camp. Some volunteers went to Cows shelter at Bhattakufar, Sanjauli and donated one sack of fodder and some jaggery to cows.

A talk on financial literacy was organised for the NSS volunteers and other students as well. The guest speaker of the day was Mr. Mayank Sharma, the Branch Manager of Indian Overseers Bank, RKMV- Shimla. Mr. Mayank shared the information on various aspects of banking system like opening of bank account, investment schemes, loan procedures, regulations of banking system, share markets and crypto currency. In the evening, volunteers also engaged themselves in fun activities.

Distribution of Fodder in the Cow Shelter in Bhattakufar Sanjauli-Shimla



Volunteers carrying a Sack of Fodder & Dance rehearsal for the Valedictory Day



Distribution of Food to Volunteers and A Talk on Financial Literacy



Activities: Day-6

On 21. 02. 2024, NSS volunteers started the day 6th with the drill session conducted by Mr. Harsh. After the drill, NSS Unit in collaboration with Red Ribbon, Red Cross, Rotract Club, and NCC organised a Blood Donation Camp. A team of Doctors from Deen Dayal Upadhaya, Hospital conducted the blood donation camp. Dr. Ganga, Ms. Surbhi Kajol, Pooja Goyal, Harpreet Kaur, Shivani Sood were present from the DDU Hospital, Shimla. The programme was sponsored by Rotary Club Shimla.

Teachers and students of RKMV donated the blood in the camp. Total 31 units blood was collected from the donors. In the Afternoon, students engaged themselves in the cultural activities.

Blood Donation Camp in RKMV



Activities: Day-7

On 22. 02. 2024, NSS Unit organised it's valedictory programme of the seven days NSS camp. The programme began with the welcome of the chief guest, Dr. H. L. Sharma, the State NSS Officer (H.P.), Principal-RKMV, Dr. Anurita Saxena, Members of teaching and non teaching staff, students and NSS volunteers.

On the closing day of the camp, volunteers performed various dance forms of different states. Some of the volunteers recited their own written poems of their experiences during the camp. Some created the useful art pieces out of waste material and showcased them to the audience. Some shared their experiences in the form of speech on the stage.

Principal, Dr. Anurita Saxena addressed the audience and appreciated the NSS volunteers for their seven days activities. Chief Guest, Dr. H.L. Sharma in his address congratulated Principal-RKMV, staff members, NSS Unit and volunteers for successful completion of the programme. He further motivated volunteers for keep doing good work for the society and also engage themselves in some creative activities.

On the basis of overall performance of the all volunteers, seven volunteers were awarded with best Volunteers trophy and out of seven, two groups were awarded with the best group trophy.

Vote of thanks was presented by Dr. Srikant Sharma to the chief guest, Principal, all the teaching and non teaching staff and volunteers of NSS. Programme was ended with National Anthem.

Valedictory Programme





Newspaper Coverage

आरकेएमवी कॉलेज में एनएसएस शिविर शुरू

शिमला। राजकीय कन्या महाविद्यालय (आरकेएमवी) में सात दिवसीय वार्षिक शिविर का शुभारंभ हुआ। प्राचार्य डॉ. अनुरीता सक्सेना मुख्यातिथि के रूप में शरीक हुईं। उन्होंने शिविर में शामिल छात्राओं को राष्ट्रीय सेवा योजना के महत्व और इसके इतिहास के बारे में बताया। उन्होंने कहा कि वे सप्ताह भर में आयोजित की जाने वाली हर गतिविधि में सक्रिय रूप से हिस्सा लें।

आरकेएमवी शिमला की एनएसएस इकाई ने नरम मुक्त भारत विषय टिज़ मैदान पर नृत्यकड नाटक मंचित किया

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राजकीय कन्या महाविद्यालय शिमला में एन एस एस शिविर के तीसरे दिन, शिमला के समीप टाकल और दुधली गाँव के साथ समुदाय संगत में टाकल अभियान में मग्न किया

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शहर में विद्यार्थियों के साथ चलेगा सफाई अभियान

शिमला। राजकीय कन्या महाविद्यालय (आरकेएमवी) के विद्यार्थियों के साथ शहर में सफाई अभियान चलाया गया।

आरकेएमवी की 32 छात्राओं ने किया रक्तदान

शिमला: राजकीय कन्या महाविद्यालय (आरकेएमवी) में आयोजित किए जा रहे वार्षिक एनएसएस शिविर में कुम्हार को कॉलेज की एनएसएस इकाई, यूथ रेडक्रॉस क्लब और रोटरी क्लब क्वीन ने मिलकर रक्तदान शिविर का आयोजन किया। इसका शुभारंभ कॉलेज प्रिंसिपल डॉ. अनुराधा सक्सेना ने किया। उन्होंने एनएसएस की छात्राओं, शिक्षकों और रोटरी क्लब क्वीन के सदस्यों और शिक्षकों को रक्तदान शिविर के आयोजन के लिए धन्यवाद दिए। शिविर में एनएसएस की 32 छात्राओं ने रक्तदान किया। शिविर में वीनदत्त बफाबहास अस्पताल शिमला से डॉ. नंदा शर्मा की अणुबाई में आई टीम ने सहयोग किया। इस मौके पर सुरभि कर्तोत, पूजा मेहता, इरफ़ात कौर शिवानी डौनर, पूषा गोपाल, रुचिका टॉनडे, शिवानी सुद, बंदना, रोटरी क्लब शिमला जिल्स क्वीन को प्रशान सुधी कर्तोत, कॉलेज शिक्षक चंदन शर्मा, डॉ. लक्ष्मी, नारा, श्री कान्त, कर्तोत, हेमलता, सुनीता, पूनम और डॉ. सराज भारद्वाज मौजूद रहे।

आवाज जनादेश

विश्वी दैनिक समाचार पत्र

आरकेएमवी शिमला में युवा डेड क्रोस व एनएसएस ने रोटरी क्लब हिल क्वीन शिमला और एनटीसीए, डेड रिचम, टेंज रोकर क्लब के संयुक्त तत्त्वधान से रक्तदान शिविर आयोजित किया

आजकल जलकरी विज्ञान

शिमला की आरकेएमवी (राजकीय कन्या महाविद्यालय) शिविर में युवा डेड क्रोस व एनएसएस इकाई, यूथ रेडक्रॉस क्लब और रोटरी क्लब क्वीन ने मिलकर रक्तदान शिविर का आयोजन किया। इसका शुभारंभ कॉलेज प्रिंसिपल डॉ. अनुराधा सक्सेना ने किया। उन्होंने एनएसएस की छात्राओं, शिक्षकों और रोटरी क्लब क्वीन के सदस्यों और शिक्षकों को रक्तदान शिविर के आयोजन के लिए धन्यवाद दिए। शिविर में एनएसएस की 32 छात्राओं ने रक्तदान किया। शिविर में वीनदत्त बफाबहास अस्पताल शिमला से डॉ. नंदा शर्मा की अणुबाई में आई टीम ने सहयोग किया। इस मौके पर सुरभि कर्तोत, पूजा मेहता, इरफ़ात कौर शिवानी डौनर, पूषा गोपाल, रुचिका टॉनडे, शिवानी सुद, बंदना, रोटरी क्लब शिमला जिल्स क्वीन को प्रशान सुधी कर्तोत, कॉलेज शिक्षक चंदन शर्मा, डॉ. लक्ष्मी, नारा, श्री कान्त, कर्तोत, हेमलता, सुनीता, पूनम और डॉ. सराज भारद्वाज मौजूद रहे।

एनएसएस स्वयंसेवियों ने सवारा आरकेएमवी परिसर

शिमला: पर्यावरण सज्जक परियोजना में स्वयंसेवियों ने आरकेएमवी परिसर को सजाया। इस दौरान स्वयंसेवियों ने कॉलेज परिसर को सजाया।

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आरकेएमवी शिमला में राष्ट्रीय सेवा योजना सप्ताह का समापन समारोह आयोजित

आजकल जलकरी विज्ञान

राष्ट्रीय सेवा योजना (राजकीय कन्या महाविद्यालय) में आयोजित किया गया। इस कार्यक्रम में स्वयंसेवियों ने आरकेएमवी परिसर को सजाया। इस दौरान स्वयंसेवियों ने कॉलेज परिसर को सजाया।

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